

**DEPARTMENT OF JUSTICE
LAW ENFORCEMENT
MENTAL HEALTH &
WELLNESS ACT**



CITY OF
Oak Harbor
WHIDBEY ISLAND, WASHINGTON

City Council Meeting
04/02/2024

WHAT IS LEMHWA?

- Enacted LEMHWA in 2017
- Office of Community Oriented Policing Services (COPS)
 - Officer psychological health and well-being.
 - Resources for mental health providers for issues common to law enforcement officers.
 - Resources for agencies





REGIONAL TRAINING / SUPPORT

Skagit CO Sheriff's

Island CO Sheriff's

Burlington Police

Mt. Vernon Police

Anacortes Police

Swinomish Police

Upper Skagit River Police

Sedro-Wooley Police

Sauk-Suiattle Police

Oak Harbor Police

Langley Police

- Burlington PD Program
 - 2023
 - State CJTS grant
 - Commissioned Officers
 - Mentoring
 - Peer Support

COPS GRANT OPPORTUNITY



- Implementation Projects
- improve delivery and access to mental health and wellness services for law enforcement officers
- Enhance or expand programs
 - Peer support
 - Training
 - Family resources
 - Suicide prevention

OHPD PROPOSAL

- Program will include:
 - Coaching/mentoring
 - In-person trainings
 - Wellness options
 - Peer support training
 - Coaching/mentoring certification
- Expanding current program to include non-commissioned officers, spouses & more options

QUESTIONS?



THANK YOU!